

AVID ELEMENTARY: INDEPENDENT RESEARCH AT A GLANCE

Building the Foundation for College and Career Success

[EConorthwest](#) & [Calypso Strategy and Research](#). (2026). [AVID Elementary Research Study](#).

What AVID Elementary Is

AVID Elementary is a schoolwide instructional model that equips educators to embed high-impact learning strategies into existing instruction, without adding new curriculum. The model is grounded in AVID's WICOR® (Writing, Inquiry, Collaboration, Organization, and Reading) methodology and supported through ongoing professional learning.

Who It Serves

- Elementary students, particularly those who benefit from explicit instruction in learning behaviors
- Schools focused on long-term academic readiness, not short-term test prep
- Educators seeking transferable strategies that work across subjects

What the Independent Research Shows

This third-party evaluation examined outcomes for over 230,000 students and 1,800 educators across eight school districts using 14 years of data.

Elementary School Outcomes (2+ Years of Participation)

- Stronger ELA achievement:
 - +0.08 standard deviations in ELA scores ($p < 0.001$)
 - Roughly 5 percentage points more likely to meet grade-level proficiency
- Math results signal an opportunity:
 - -0.11 standard deviations in Math scores, highlighting the need for stronger integration of AVID strategies into Math instruction
- No significant impact on attendance

“Using Philosophical Chairs and Socratic Seminars has transformed how students discuss and defend ideas.” – AVID Elementary Teacher

“Students produce more of the dialogue now. They’re taking ownership.” – AVID Elementary Teacher



Middle School Impacts

Lasting Effects

Students with 2 or more years of AVID Elementary experience showed stronger academic performance after their transition to middle school.

Higher GPAs: 0.15 Standard Deviations

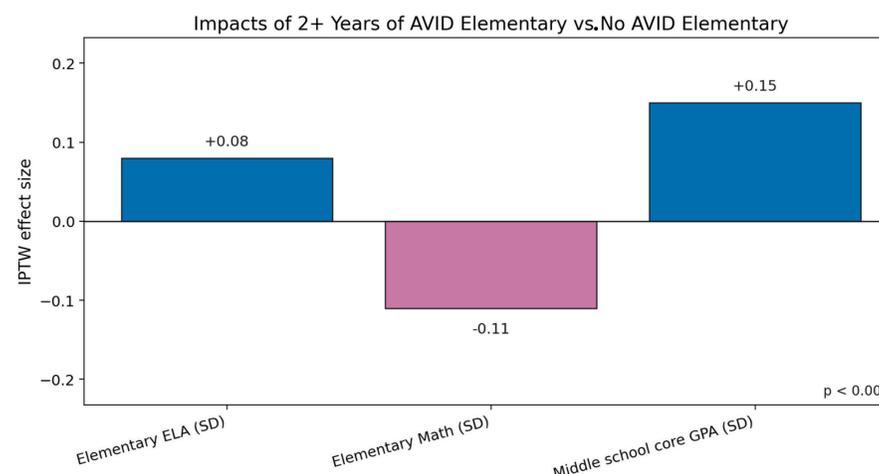
Equivalent to earning an A instead of a B in one class in a six-class schedule:

- Small, positive effects in middle school ELA and Math (roughly equal to 3–4 additional weeks of learning)
- Indicates that organization, study skills, and learning strategies developed in elementary school carry forward

Impact on Classroom Culture

Educators reported clear improvements in behaviors that drive academic success:

- Stronger organization and time management
- Increased engagement and participation
- Improved collaboration
- Greater readiness to learn



Based on findings from [EConorthwest](#) & [Calypso Strategy and Research](#) (2026)

Why Quality Implementation Matters

Not all implementations produced the same results.

Schools with higher fidelity to AVID Elementary practices—especially in instruction and leadership—saw:

- Higher ELA and Math scores in elementary and middle school
- Stronger, more sustained student outcomes

Educators who participated in ongoing, recent professional learning reported:

- Greater confidence using WICOR strategies
- More frequent classroom use
- Stronger perceived student gains

What This Means for Schools

AVID Elementary:

- Builds foundational academic skills early.
- Produces lasting gains that extend into middle school.
- Improves classroom culture and learning behaviors.
- Works best when implemented schoolwide and with fidelity.

For schools committed to long-term student success—not just short-term gains—AVID Elementary offers an evidence-based pathway forward.

For More Information

Independent evaluation conducted by:

[EConorthwest](#) and [Calypso Strategy and Research](#)

Study Design: Quasi-experimental, mixed-methods study using Inverse Probability of Treatment Weighting

Contact:

Andrew Dyke, EConorthwest

Kristine L. Chadwick, Calypso Strategy and Research

Cassie Freeman, PhD

AVID Center

Vice President, Research & Data

San Diego, CA

www.avid.org/research